

MANDALA NEWS....



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Acupuncture

Massage

Gem Light Therapy

Chinese Herbs

Flower Essences

Custom Tinctures

A mandala is a circular sacred diagram of the universe. It encompasses an area in which divine forces are present. Mandalas may be found in nature, as seen in the forms of flowers, and snowflakes. A mandala aids and supports devotees in meditation when he or she seeks focus on divinities and to gain access to divine energies.



Greetings Everyone!

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This is my first newsletter! I would like to share news about my practice as well as information about other sparkly practitioners that are doing wonderful work all over the planet.

As I write this letter, the dahlias are in bloom outside my window, they are bright and the colors are intense. They are tall and glorious. They are indeed living mandalas. I recently acquired a beautiful book [The Encyclopedia of Bach Flower Therapy](#) by Mechthild Scheffer. In the back of the book there are many Kirilian photographs of the Bach flower essences that are stunning. In these photographs, each essence is shown to have a signature form, shape and series of colored rings. They look like mandalas! When I saw these images for the first time I was amazed by their vibrant beauty! As a Chinese herbalist, student of Botanical Illustration, and gardener I am continuously surprised by how the power of nature may assist in our healing on so many levels.

In my practice I now use flower essences and gem elixirs directly on Acupuncture points or along energetic pathways called meridians. I also apply essences directly on areas of the body that may need energetic support during massage or Acupressure. Many of my patients report new sensations of energy moving through their bodies during treatment as well as a new level of inner peace and well being.

I am now working with hundreds of essences and gem elixirs from all over the world. I am also creating custom tinctures for clients all over the country. After we set a time for a consultation, I blend the essences and gem elixirs that work together to address the presenting issues. Flower essences are wonderful for working on core emotional issues or for supporting emotional health and well being. Each tincture bottle of essences comes with an original mandala label and a description with the names of the essences in the tincture.

To schedule a long distance flower essence or in office consultation, massage or Acupuncture session, I may be reached at (516)-477-1471 or by email mariabowling@mac.com.

For anyone interested in learning more about the healing properties of flower essences I recommend [Bush Flower Healing](#) by Ian White and [The New Encyclopedia of Flower Remedies](#) by Clare Harvey.

I am wishing everyone a sparkly and flowery summer!

Best wishes,
Maria Bowling L.M.T., L.Ac.